



San Pietro in Caveoso, 6
75100 Matera, Italy
www.aljalilyoga.com

2. Program Title: "Raja Yoga Saucha with Radiesthesia"

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3. Teaching hours breakdown - 60 hours

Presentation of the course

The use of Radiesthesia in the practices of Yoga is a valid support for the evolutionary path of both the Guru (Master) and the Sadaka (Learner). The instrument, in fact, allows the Guru to relieve himself from the effort of having to see with the spiritual eye what is not necessary to the evolutionary process of Sadaka. The tool is also useful for cleaning up environments, objects, medicines, crystals and food from any negative energies. This course aims to provide the basis for the use of the tool in one's daily life and as an aid in the evolutionary process of *others*, paying special attention to the ethical and moral preparation in the use of such skills through the practice of Yama and Niyama, The whole will be completed and accompanied by modules dedicated to scientific studies in the field of physics and biology.

The course will be held in Italian or English.

4. Breakdown of daily frontal teaching hours including breaks

I Level – 16 hours in front of the house - 20 at home

First module (duration 4 hours)

1. Radiesthesia ethics: love, humility, trust, respect for individual freedom, free will
2. Swirls and blocked emotions.
3. Practical application with the Radiesthesia: heavy and light negative energy discharge, positive cosmic energy recharge, calibration, invocation.

Second module (duration 4 hours)

1. Energies, Commands, and Entities
2. Practical application with the Radiesthesia: first examples and explanations for cleaning chakras on themselves.

Third module (duration 4 hours)

1. The seven bodies. Internal and external energies. Energy anomalies, operation and coloring of the aura.
2. Cleaning rooms and environments.
3. Practical application with Radiesthesia: Cleaning the Energy Matrix

Quarto module (duration 4 hours)

1. Metabolization and subtleization of energies, environmental energies and energy blocks
2. Energy work for medicines, food and other sources of intoxication
3. Cleaning crystals

Practices at home

1. Cleaning your home
2. Cleaning the Energy Matrix

Level II – 12 hours

In order to participate in the last two modules, participation in the first course is required and maintained a constant practice in the intervening period. It is also necessary to have started and carried out the energy cleaning of the matrix on an ongoing basis. Any

First module (duration 4 hours)

1. SatSang: questions about your personal practice, doubts, sharing personal experiences and with others.
2. Bovis Unitis and Biometer according to Bovis
3. Measuring the opening of chakras
4. Practical applications with Radiesthesia: TAC

Second module (duration 4 hours)

1. Practical application with Radiesthesia: Chains, intentional energies and invoices
2. Psychosomatic hints
3. Practical application with Radiesthesia: general lineup

Internship (duration 4 hours)

1. A practice as an observer with the Tutor
2. A practice as an operator with the Tutor
3. Two practices in the absence of the Tutor but with his immediate support in case of need.

Mandatory seminars:

Relativistic and quantum physics applied to siddhi
BIOchemistry and BIOphysics of DNA applied to siddhi – 12 h

Relativistic physics and quantum physics - 4 h - also online

- Purification techniques through breathing and meditation (practice of 1 h)
- **The cell and its functioning:** DNA, structure and supervolvolgition of DNA, transcription and translation of information, not-junk DNA, DNA modification, mutations and genetic damage
- **Origin of toxins with damage to cellular structure:** chemicals, radiation and negative emotions and stress

Cell biochemistry, DNA and cell transmutations- 4 h - even online

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Cell biochemistry, DNA and cell transmutations- 4 h - even online

- **Purification techniques through breathing and meditation** (*practice of 1 h*)

- **DNA self-repair mechanisms:** repair proteins
- **DNA correction and transmutation processes through meditation**
- **Detoxifying properties of plant-based nutrition:** benefits of the vegetarian, vegan and raw food diet

5. Breakdown of teaching hours carried out by the Training Lecturer

The entire course will be taught by the Principal Lecturer in the person of Rosalia Stellacci (ERYT)

6. Distribution of teaching hours carried out by Consultants

No

7. Non-frontal teaching hours breakdown

About 20 hours of application of the techniques with the Radiesthesia on themselves.

8. Course format

Weekend inside the school or retreat of a weekend elsewhere.